

Suggested Expectations for Kids Aged 6-14

Having expectations for kids is crucial for their development. It teaches them responsibility, accountability, and the importance of contributing to the family unit. These tasks help them understand that being part of a community—whether it's a family, school, or society—means actively participating and supporting others, not just for personal gain but because it's the right thing to do. This sense of duty fosters a strong work ethic and helps kids develop a deeper appreciation for the effort and care that go into maintaining a household, laying the groundwork for their future roles in society.

- 1** Keep your room picked up and make your bed each morning.
- 2** Brush your teeth in the morning and at night before bed.
- 3** Take out the garbage whenever the trash is full.
- 4** Clean your dishes after each meal.
- 5** Do your homework and give your best effort in school.
- 6** Stretch and exercise at least three days a week.
- 7** Read at least 1 book per month.
- 8** Feed and clean up after the family pet.
- 9** Love and strengthen your relationships with family members.
- 10** Do your best to continually improve positive emotional energy within the family.